

mahaanaaraayaNa upanishat

chaturthah prashnaha

om saha naavavattu | saha nou bhunaktu | saha veeryam karavaavahai |
tejasvinaavadheetamastu maa vidvishaavahai | om shaantih shaantih shaantihi ||

ambhasyapaare

ambhasya paare bhuvanasya madhye naakasya prushThe mahato maheeyaan |
shukreNa jyoteegmshi samanupravishTah prajaapatishcharati garbhe antah |
yasminnidagm sam cha vichaiti sarvam yasmimdevaa adhi vishve nisheduh | tadeva
bhootam tadu bhavyamaa idam tadakshare parame vyoman | yenaavrutam kham cha
divam maheemcha yenaadityastapati tejasaa bhraajasaacha | yamantah samudre
kavayo vayamti yadakshare parame prajaah | yatah prasootaa jagatah prasootee
toyena jeevaan vyachasarja bhoomyaam | yadoshadheebhih purushaan pashoogshcha
vivesha bhootaani charaacharaaNi | atah param naanyadaNeeyasagm hi paraatparam
yanmahato mahaantam | yadekam avyaktam anantaroopam vishvam puraaNam
tamasah parastaat ||

tadevartam tadu satyamaahuh tadeva brahma paramam kaveenaam | ishTaapoortam
bahudhaa jaatam jaayamaanam vishvam bibharti bhuvanasya naabhih | tadevaagnih
tadvayuh tatsooryah taduchandramaah | tadeva shukramamrutam tadbrahma
tadaapa-ssa prajaapatih | sarve-nimeshaa jagyire vidyutah purushaadadhi | kalaa
muhoortaah kaashThaashchaahoraatraashcha sarvashah | ardhamaaasaa maasaa
rutavah samvatsarashcha kalpantaam | sa aapah pradughe ubhe ime antariksham atho
suvah | nainamoordhva na tiryancham na madhye parijagrabhat | na tasyeshe
kashchana tasya naama mahadyashah ||

na samdrushe tishThati roopam asya na chakshushaa pashyati kashchanainam |
hrudaa maneeshaamanasaabhiikrupto ya enam viduramrutaaste bhavanti |
adbhayssambhooto hiraNyagarbha ityashTou | esha hi devah pradisho~nusarvaah
poorvohi jaata-ssa u garbhe antah | savijaayamaana-ssajanishyamaaNah
pratyangmukhaastishThati vishvatomukhah | vishvatashchakshuruta vishvatomukho
vishvato hasta uta vishvataspaat | sam baahubhyaam namati sampatatrai-
rdyaavaapruthivee janayan deva ekah | venah tatpashya-nvishvaa bhuvanaani vidvaan
yatra vishvam bhavatyekaneLam | yasminnidagm sam cha vichaikagm sa otah
protashcha vibhuh prajaasu | pratadvoche amrutam nu vidvaan gamdharvo naama
nihatam guhaasu |

treeNi padaa nihitaa guhaasu yastadveda savituh pitaasat | sa no bandhu-janitaa sa
vidhaataa dhaamaani veda bhuvanaani vishvaa | yatra devaa amrutamaanashaanaah
truteeye dhaamaanyabhyairayanta | paridyaavaapruthivee yamti sadyah pari lokaan
pari dishah pari suvah | rutasya tantum vitatam vichrutya tadapashyattadabhavat
prajaasu | pareetya lokaan pareetya bhootaani pareetya sarvaah pradisho dishashcha |

prajaapatih prathamajaa rutasyaatmanaa~~tmaanamabhi-sambabhoova |
sadasaspatimadbhutam priyamindrasya kaamyam | sanim medhaamayaasisham |
uddeeyasva jaatavedo~paghnnirrutim mama ||

pashoogshcha mahyamaavaha jeevanam cha dishodisha | maano higmseejjaatavedo
gaamashvam purusham jagat | abibhradagna aagahi shriyaa maa paripaataya ||

gaayatree mantraaha

purushasya vidma sahasraakshasya mahaadevasya dheemahi | tanno rudrah
prachodayaat || tatpurushaaya vidmahe mahaadevaaya dheemahi | tanno rudrah ;
prachodayaat || tatpurushaaya vidmahe vakratunDaaya dheemahi | tanno dantih
prachodayaat || tatpurushaaya vidmahe chakratunDaaya dheemahi | tanno nandi
prachodayaat || tatpurushaaya vidmahe mahaasenaaya dheemahi | tannah
shaNmukhah prachodayaat || tatpurushaaya vidmahe suvarNapakshaaya dheemahi |
tanno garuDah prachodayaat || vedaatmanaaya vidmahe hiraNyagarbhaaya dheemahi |
tann brahmah prachodayaat || naaraayaNaaya vidmahe vaasudevaaya dheemahi |
tanno vishNuh prachodayaat || vajranakhaaya vidmahe teekshNadaggshTraaya
dheemahi | tanno naarasigmhah prachodayaat || bhaaskaraaya vidmahe
mahadyutikaraaya dheemahi | tanno aadityah prachodayaat || vaishvaanaraaya
vidmahe laaleelaaya dheemahi | tanno agnih prachodayaat || kaatyaayanaaya vidmahe
kanyakumaari dheemahi | tanno durgih prachodayaat ||

doorvaa sooktam

sahasraparamaa devee shatamoolaa shataankuraa | sarvagm haratu me paapam
doorvaa dussvapnanaashanee | kaanDaatkaanDaat prarohamtee parushah parushah
pari |

evaano doorve pratanu sahasreNa shatena cha | yaa shatena pratanoshi sahasreNa
virohasi | tasyaaste deveeshTake vidhema havishaa kyam | ashvakraante rathakraante
vishNukraante vasundharaa | shirasaa dhaarayishyaami rakshasva maam padepade ||

mruttikaa sooktam

bhoomi-rdhenurdharaNee lokadhaariNee | uddhrutaa~si varaahaNa krushNena shata-
baahunaa | mruttike hana me paapam yanmayaa dushkrutam krutam | mruttike
brahmadattaasi kaashyapenaabhimanritaa | mruttike dehi me pushTim tvayi sarvam
pratishThitam ||

mruttike pratishThite sarvam tanme nirNuda mruttike | tayaa hatena paapena
gacChaami paramaam gatim ||

shatrujaya mantraaha

yata indra bhayaamahe tato no abhayam krudhi | maghavanChagdhi tava tanna ootaye
vidvisho vimrudho jahi | svastidaa vishaspatih vrutrahaa vimrudhovashee | vrushendrah
pura etu na-ssvastidaa abhayankarah | svasti na indro vrudhashravaa-ssvasti na;
pooshaa vishvavedaah | svasti nastaarkshyo arishTanemi-ssvasti no bruhaspati-
rdadhaatu | aapaantamanyu-strupalaprabharmaa dhuni-sshimeevaa-mCharumaagm
rujeeshee | somo vishvaanyatasaavanaani naarvaagindram pratimaanaanidebhuh ||

brahmajagyaanam prathamam purastaa-dviseemata-ssurucho vena aavah |
sabudhniyaa upamaa asya vishThaa-ssatashcha yoni-masatashcha vivah | syonaa
pruthivi bhavaa nruksharaa niveshanee | yacChaa nassharma saprathaah |
gandhadvaaraam duraadharshaam nityapushTaam kareeshiNeem | eeshvareegm
sarva-bhootaanaam taamihopahvaye shriyam | shreerme bhajatu | alakshmeerme
nashyatu | vishNu-mukhaa vai devaashChandobhirimaallokaa-nanapajayya-
mabhyajayan | mahaagm indro vajrabaahushshoDashee sharma yacChatu ||

svasti no maghavaa karotu hantu paapmaanam yo~smaandveshTi | somaanagg
svaraNam kruNuhi brahmaNaspate | kaksheevamtam ya oushijam | shareeram
yagyashamalam kuseedam tasminthseedatu yo~smaandveshTi | charaNam pavitram
vitatam puraaNam yena starati dushkrutaani | tena pavitreNa shuddhena pootaa ati
paapmaana-maraatim tarema | sajoshaa indra sagaNo marudbhissomam piba
vrutrahanChoora vidvaan | jahi shatroogm rapa mrudho nudasvaathaabhayam kruNuhi
vishvatonah | sumitraana aapa oshadhaya-ssantu durmitraastasmai bhooyaasu-
ryosmaan dveshTi yam cha vayam dvishmah | aapohishThaa mayobhuvastaana oorje
dadhaatana ||

maheraNaaya chakshase | yova-shshivatamo rasa-stasya bhaajayate hanah | ushatee-
riva maatarah | tasmaa arangamaamavo yasyakshayaaya jinvatha | aapo janayathaa
cha nah ||

aghamarshaNasooktam

hiraNyashrungam varuNam prapadye teertham me dehi yaachitah | yanmayaa bhuktam
asaadhoonaam paapebhyashcha pratigrahaah | yanme manasaa vaachaa karmaNaa
vaa dushkrutam krutam | tanna indro varuNo bruhaspati-ssavitaa cha punantu punah
punah | namo~gnaye~psumate nama indraaya namo varuNaaya namo vaaruNyai
namo~dbhayah ||

yadapaam krooram yadamedhyam yadashaamtam tadapagacChataat | atyaashanaa-
dateepaanaa-dyaccha ugraat pratigrahaat | tanno varuNo raajaa
paaNinaahyavamarshatu | so~hamapaapo virajo nirmukto muktakilbishah | naakasya
prushTham aaruhya gacChet brahmasalokataam | yashchaapsu varuNassa
punaatvaghamarshaNah | imam me gange yamune sarasvati shutudri-stomagm
sachataa parushNiyaa | asikniyaa marudvrudhe vitastayaa~jeerkeeye shruNuhyaa
sushomayaa | rutam cha satyam chaabheeddhaha-ttapaso~dhyajaayata | tato
raatriraajayata tata-ssamudro arNavah ||

samudraadarNavaa dadhi samvathsaro ajaayata | ahoraatraaNi vidadhat vishvasya
mishato vashee | sooryaachandramasou dhaataa yathaapoorvam akalpayat | divam cha
pruthiveem chaantariksha-matho suvah | yatpruthivyaagm rajassvam aantarikshe
virodasee | imaag stadaapo varuNah punaatvaghamarshaNah | punantu vasavah
punaatu varuNah punaatvaghamarshaNah | esha bhootasya madhye bhuvanasya
goptaa | esha puNyakrutaam lokaanesha mrutyor hiraNmayam | dyaavaapruthivyor
hiraNmayagm sagg shritagm suvah ||

sana-ssuva-ssagmshishaadhi | aardram jvalati jyoti-rahamasmi | jyotirjvalati
brahmaaham asmi | yo~ham asmi brahmaaham asmi | aham asmi brahmaaham asmi |
ahamevaaham maam juhomi svaahaa | akaaryaakaaryavakeerNee steno bhrooNahaa
gurutalpagah | varuNo~paamaghamarshaNah tasmaat paapaat pramuchyate |
rajobhoomi-stvamaagm rodayasva pravadanti dheeraah | aakraanthsamudrah
prathame vidharmanjanayan prajaa bhuvanasya raajaa | vrushaa pavitre adhisaano
avye bruhatsumo vaavrudhe suvaana induh ||

durgaasooktam

jaatavedase sunavaama soma maraateeyato nidahaati vedah | sa nah parshadati
durgaaNi vishvaa naaveva sindhum duritaa~tyagnih |
taamagnivarNaam tapasaa jvalanteem vairochaneem karmaphaleshu jushTaam |
durgaam deveegm sharaNamaham prapadye sutarasi tarase namah | agne tvam
paarayaa navyo asmaanthsvastibhirati durgaaNi vishvaa | pooshcha pruthvee bahuLaa
na urvee bhavaa tokaaya tanayaaya shamyoh |
vishvaani no durgahaa jaatavedah sindhunna naavaa duritaa~tiparshi | agne
atrivanmanasaa gruNaano~smaakam bodhyavitaa tanoonaam |
prutanaa jitagam sahamaanamugramagnigm huvema paramaathsadhashta | sa nah
parshadati durgaaNi vishvaa kshaamaddevo ati duritaa~tyagnih | pratnoshi kameeDyo
adhvareshu sanaaccha hotaa navyashcha satsi | svaanchaa~gne tanuvam
piprayasvaasmabhyam cha saubhagamaayajasva | gobhirjushTamayujo nishiktam
tavendra vishNoranusancharema | naakasya prushThamabhi samvasaano
vaishNaveem loka iha maadayantaam ||
varaadityaaya dive svaahaa
om kaatyaayanaaya vidmahe kanyakumaari dheemahi | tanno durgih prachodayaat ||

vyaahruti-homamantraaha

bhoo-ranna-magnaye pruthivyai svaahaa bhuvo~nnam vaayave~ntarikshaaya svaahaa
suvaranna-maadityaaya dive svaahaa bhoo-rbhuvassuva-rannam chandramase
digbhya-ssvaahaa namo devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-rannamom ||

bhoo-ragnaye pruthivyai svaahaa bhuvo vaayave~ntarikshaaya svaahaa
suvaraadityaaya dive svaahaa bhoo-rbhuvassuva-shchandramase digbhya-ssvaahaa
namo devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-ragna om ||

bhoo-ragnaye cha pruthivyai cha mahate cha svaahaa bhuvo vaayave
chaantarikshaaya cha mahate cha svaahaa suvaraadityaaya cha dive cha mahate cha
svaahaa bhoo-rbhuvassuva-shchandramase cha nakshatrebhyashcha digbhyashcha
mahate cha svaahaa namo devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-
rmaharom ||

gyaanapraapyarthaa - homamantraaha

paahi no agna enase svaahaa | paahi no vishvavedase svaahaa | yagyam paahi
vibhaavaso svaahaa | sarvam paahi shatakrato svaahaa ||

paahi no agna ekayaa | paahyuta dviteeyayaa | paahyoorjam truteeyayaa | paahi
geerbhishcha tasrubhi-rvaso svaahaa ||

veda avismaraNaaya japamantraaha

yashChandasaa-mrushabho vishvaroopaa-shChandobhya-shChamdaag-syaavivesha |
sachaagm shikyah puro vaachopanisha-dindro jyeshTha indriyaaya rushibhyo namo
devebhya-ssvadhaa pitrubhyo bhoo-rbhuvassuva-shChanda om ||

namo brahmaNe dhaaraNam me astvaniraakaraNam dhaarayitaa bhooyaasam
karNayo-shshrutam maa chyoDhvam mamaamushya om ||

namo brahmaNe dhaaraNam me astvaniraakaraNam dhaarayitaa bhooyaasam
karNayo-shchutam maa chyoDhvam mamaamushya om ||

tapah prashansaa

rutam tapa-ssatyam tapa-shchutam tapa-shshaamtam tapo dama-stapa-shshama-stapo
daanam tapo bhoo-rbhuvassuva-rbrahmyaitadupaasyaitattapah ||

vihitaacharaNaprashansaa nishiddhaacharaNanindaa cha

yathaa vrukshasya sampushpitasya dooraa-gdandho vaatyevam puNyasya karmaNo
dooraa-gdandho vaati yathaasidhaaraam karte~vahitaa-mavakraame yadyuve yuve
havaa vihavyishyaami kartam patishyaameetyeva-mamrutaa-daatmaanam jugupset ||

daharavidyaa

aNo-raNeeyaanmahato maheeyaa-naatmaa guhaayaam nihito~sya jantoh | tamakratum
pashyati veetashoko dhaatuh prasaadaanmahimaanameesham | sapta praaNaah
prabhavanti tasmaa-thsaptarchishassamidha-ssapta jivhaah | sapta ime lokaa yeshu
charamti praaNa guhaashayaannihitaa-ssapta sapta | atassamudraa girayashcha
sarve~smaathsyandante sindhava-ssarvaroopaaah | atashcha vishvaa oshadhayo
rasaaccha yenaisha bhoota-stishThatyantaraatmaa | brahmaa devaanaam padaveeh
kaveenaa-mrushirvipraaNaam mahisho mrugaaNaam | shyeno gruddhraaNaag

svadhiti-rvanaanaagm somah pavitramatyeti rebhann | ajaahamekaam
lohitashuklkrushNaam bahveem prajaam janayamteegm saroopaam | ajo hyeko
jushamaaNo~nushete jahaatyenaam bhuktabhogaamajo~nyah ||

hagmsa-shshuchisha-dvasu-rantarikshasa-ddhotaa vedishadadatithirduroNasat |
nrusha-dvarasa-drutasa-dvyomasa-dabjaa gojaa rutajaa adrijaa rutam bruhat | ghrutam
mimikshire ghrutamasya yoni-rghrute shruto ghruta-muvasya dhaama |
anushvadhamaavaha maadayasva svaahaakrutam vrushabha vakshi havyam |
samudraa-doormirmadhumaagm udaara-dupaagmshunaa samamrutatva-maanaT |
ghrutasya naama guhyam yadasti jivhaa devaanaa-mamrutasya-naabhih | vayam
naama prabravaamaa ghrutenaasmin yagye dhaarayaamaa namobhih | upa brahmaa
shraNavachChasyamaanam chatushshrungo~vameedgoura etat | chatvaari shrungaa
trayo asya paadaa dve sheershe sapta hastaaso asya | tridhaa baddho vrushabho
roraveeti maho devo martyaagm aavivesha ||

tridhaa hitam paNibhi-rguhyamaanam gavi devaaso ghrutamanvavindan | indra ekagm
soorya ekam jajaana venaa-dekagga svadhayaa nishTatakshuh | yo devaanaam
prathamam purastaadvishvaadhiyo rudro maharshih | hiraNyagarbham pashyata
jaayamaanagm sano deva-shshubhayaa smrutya samyunaktu | yasmaatparam
naaparamasti kinchi-dyasmaannaNeeyo na jyaayo~sti kashchita | vruksha iva stabdho
divi tishTha-tyekastenedam poorNam purusheNa sarvam | na karmaNaa na prajayaa
dhanena tyaagenaike amrutatva-maanashuh | pareNa naakam nihitam guhaayaam
vibhraajadetadyatayo vishanti | vedaantavigyaana-sunishchitaartha-ssamnyaasa
yogaadyatayashshuddhasattvaah | te brahmaloketu paraamtakaale
paraamrutaatparimuchyanti sarve | dahram vipaapam parame~shmabhootam
yatpunDareekam puramadhyasaggastham | tatraapi dahram gaganam vishoka-stasmin
yadamtasta-dupaasitavyam | yo vedaadou svarah prokto vedaante cha pratishThitah |
tasya prakruti-leenasya yah parassa maheshvarah ||

naaraayaNa sooktam

sahasra shlrsham devam vishvaaksham vishva shambhuvam | vishvam naaraayaNam
devamaksharam paramam padam | vishvatah paramaannityam vishvam
naaraayaNagm harim | vishvame vedam purusha-stadvishva-mupajlvati | patim
vishvasyaatmeshvaragm shaashvatagm shiva-machyutam | naaraayaNam
mahaagyeyam vishvaatmaanam paraayaNam | naaraayaNa paro jyotiraatmaa
naaraayaNah parah | naaraayaNa param brahma tattvam naaraayaNah parah |
naaraayaNaparo dhyaataa dhyaanam naaraayaNah parah | yachcha kinchijjagatsarvam
drushyate shrUyate~pi vaa ||

antarbahishcha tatsarvam vyaapya naaraayaNah sthitah | anantamavyayam kavigm
samudre~ntam vishva shambhuvam | padmakosha pratikaashagm hrudayam
chaapyadhomukham | adho nishTayaa vitastyante naabhyaamupari tishThati |
jvaalamaalaakulam bhaatl vishvasyaayatana mahat | santatagm shilaabhistu
lambatyaakosha sannibham | tasyaante sushiragm sUkshmam tasmin sarvam
pratithishTitam | tasya madhye mahaanagnirvishvaarchi rvishvatomukhah | so~gra

bhugvi bhajantishTha-annaahaaramajarah kavih | tiryagUrdhva madhashshaayl
rashmayastasya santataa | santaapayati svam dehamaapaada tala mastakah | tasya
madhye vahnishikhaa aNlyordhvaa vyavasthitah | nllato- yadamadhyasthaa
dvighullekheva bhaasvaraa | nlvaara shUka vattanvl pltaa bhaasvatyaNoopamaa |
tasyaah shikhaayaa madhye paramaatmaa vyavasthitah | sa brahma sa shivah sa harih
sendrah so~ksharah paramah svaraaT ||

aadityamanDale parabrahmopaasanam

aadityo vaa esha etanmanDalam tapati tatrataa ruchastadruchaa manDalagm sa
ruchaam loko~tha ya esha etasminmanDale~rchideepyate taani saamaani sa
saamnaam loko~tha ya esha etasminmanDale~rchishi purusha-staani yajoogmshi sa
yajushaa manDalagm sa yajushaam loka-ssaishaa trayyeva vidyaa tapati ya
esho~ntaraaditye hiraNmayah purushah ||

aadityapurushasya sarvaatmakatva pradarshanam

aadityo vai teja ojo balam yasha-shchakshu-shshrotramaatmaa mano manyu-
rmanurmutyu-ssatyto mitro vaayu raakaashah praaNo lokapaalah kah kim kam
tathsatyamanna-mamruto jeevo vishvah katama-ssavayambhu brahmaita-damruta esha
purusha esha bhootaanaa-madhipati-rbrahmaNa-ssaayujyagm salokataa-
maapnotyetaasaameva devataanaagm saayujyagm saarshTitaagm samaanalokataa-
maapnoti ya evam vede-tyupanishat ||

shivopaasana-mantraaha

nidhanapataye namah | nidhanapataantikaaya namah | oordhvaaya namah |
oordhvalingaaya namah | hiraNyaaya namah | hiraNyalingaaya namah | suvarNaaya
namah | suvarNalingaaya namah | divyaaya namah | divyalingaaya namah | bhavaaya
namah | bhavalingaaya namah | sharvaaya namah | sharvalingaaya namah | shivaaya
namah | shivalingaaya namah | jvalaaya namah | jvalalingaaya namah | aatmaaya
namah | aatmalingaaya namah | paramaaya namah | paramalingaaya namah |
etathsomasya sooryasya sarva-lingagg sthaapayati paaNimantram pavitram ||

pashchimavaktra-pratipaadakamantraaha

sadyojaatam prapadyaami sadyojaataaya vai namo namah | bhava bhava naatibhave
bhavasva maam | bhavodbhavaaya namah ||

uttaravaktra-pratipaadakamantraaha

vaamadevaaya namo jyeshThaaya nama-shshreshThaaya namo rudraaya namah
kaalaaya namah kalavikaraNaaya namo balavikaraNaaya namo balaaya namo
balapramathanaaya nama-ssarva-bhootadamanaaya namo manonmanaaya namah ||

dakshiNavaktra-pratipaadakamantraaha

aghorebhyo~tha ghorebhyo ghoraghoratarebhyah | sarvebhya-ssarvasharvebhyo
namaste astu rudraroopebhyah ||

praagvaktra-pratipaadakamantraha

tatpurushaaya vidmahe mahaadevaaya dheemahi | tanno rudrah prachodayaat ||

oordhvavaktra-pratipaadakamantraha

eeshaana-ssarva-vidyaanaa-meeshvara-ssarva-bhootaanaam brahmaa~dhipati-
rbrahmaNo~dhipati-rbrahmaa shivo me astu sadaashivom ||

namaskaaraartha-mantraaha

namo hiraNyabaahave hiraNyavarNaaya hiraNyaroopaaya hiraNyapataye
~mbikaapataya umaapataye pashupataye namo namah ||

rutagm satyam param brahma purusham krushNapingaLam | oordhvaretam
viroopaaksham vishvaroopaaya vai namo namah ||

sarvo vai rudra-stasmai rudraaya namo astu | purusho vai rudra-ssanmaho namo
namah | vishvam bhootam bhuvanam chitram bahudhaa jaatam jaayamaanam cha yat |
sarvo hyesha rudra-stasmai rudraaya namo astu ||

kadrudraaya prachetase meeDhushTamaaya tavyase | vo chema shantamagm hrude |
sarvo hyesha rudra-stasmai rudraaya namo astu ||

agnihotrahavaNyaah upayuktasya vrukshavisheshasyaabhidhaanam

yasya vai kamkatyagnihotrahavaNee bhavati pratyevaa-syaahutaya-stishThantyatho
pratishThityai || kruNushva paaja iti pancha ||

bhoodevataakamantraha

aditi-rdevaa gandharvaa manushyaah pitaro~suraa-steshaagm sarvabhootaanaam
maataa medinee mahataa mahee saavitree gaayatree jagatyurvee pruthvee bahulaa
vishvaa bhootaa katamaa kaayaa saa satyetyamruteti vasishTha h ||

sarvaadevataa aapaha

aapo vaa idagm sarvam vishvaa bhootaanyaapah praaNaa vaa aapah pashava
aapo~nna-maapo~mruta-maapa-ssamraaDaapo viraaDaapa-ssvaraaDaapa-
shChandaagsyaapo jyoteeg-shyaapo yajoog-shyaapa-ssatyamaapa-ssarvaa devataa
aapo bhoorbhuva-ssuva-raapa om ||

sandhyaavandana mantraaha

aapah punantu pruthiveem pruthivee pootaa punaatu maam | punantu brahmaNaspati-
rbrahmapootaa punaatu maam | yaducChishTa-mabhojyam yadvaa dushcharitam
mama | sarvam punantu maamaapo~sataam cha pratigrahagg svaahaa ||

agnishcha maa manyushcha manyupatashcha manyukrutebhyah | paapebhyo
rakshamtaam | yadhanaa paapamakaarsham | manasaa vachaa hastaabhyaam |
padbhyaamudareNa shishnaa | ahasta-davalumpatu | yatkincha duritam mayi |
idamaham maamamrutayonou | satye jyotishi juhomi svaahaa ||

sooryashcha maa manyushcha manyupatayashcha manyukrutebhyah | paapebhyo
rakshantaam | yadraatriyaa paapamakaarsham | manasaa vaachaa hastaabhyaam |
padbhyaamudareNa shishnaa | raatri-stadavalumpatu | yatkincha duritam mayi |
idamaham maamamrutayonou | soorye jyotishi juhomi svaahaa ||

praNavasya rushyaadivivaraNam

omityekaaksharam brahma | agnirdevataa ityaarsham | gaayatram Chandam
paramaatmam saroopam | saayujyam viniyogam ||

gaayatryaavaahana mantraaha

aayaatu varadaa devee aksharam brahmasammitam | gaayatreem Chandasaam
maatedam brahma jushasva me | yadahnatkurute paapam tadahnatpratimuchyate |
yadraatriyaatkurute paapam tadraatriyaatpratimuchyate | sarva varNe mahaadevi
sandhyaavidye sarasvati ||

ojo~si saho~si balamasi bhraajo~si devaanaam dhaamanaamaasi vishvamasi
vishvaayu~ssarvamasi sarvaayu-rabhibhoorom gaayatree-maavaahayaami saavitree-
maavaahayaami sarasvatee-maavaahayaami Chandarshee-naavaahayaami shriya-
maavaahayaami gaayatriyaa gaayatreesChando vishvaamitrarushissavitaa
devataa~gnirmukham brahmaa shiro vishNur-hrudayagm ridra-shshikhaa
pruthiveeyonih praaNaapaanavyaanodaanasamaanaa sapraaNaa shvetavarNaa
saankhyaayanasagotraa gaayatree chaturvigmshtyaksharaa tripadaa shaTkukshih
pancha-sheershopanayane viniyoga om bhoo | om bhuvah | ogm suvah | om mahah |
om janah | om tapah | ogm satyam | om tathsaviturvareNyam bhargo devasya
dheemahi | dhiyo yo nah prachodayaat | omaapo jyotee raso~mrutam brahma bhoo-
rbhuva~ssuva-rom ||

gaayatree-upasthaanamanttraaha

uttame shikhare jaate bhoomyaam parvatamoordhani | braahmaNebhyo~bhyanu
gyaataa gacChadevi yathaasukham | stuto mayaa varadaa vedamaataa
prachodayantee pavane dvijaataa | aayuh pruthivyaam draviNam brahmavarchasam
mahyam datvaa prajaatum brahmalokam ||

aadityadevataa mantraha

ghruNi-ssoorya aadityo na prabhaa vaatyaksharam | madhuksharanti tadrasmam |
satyam vai tadrasmam-maapo jyotee raso~mrutam brahma bhoo-rbhuva-ssuva-rom ||

trisuparNa mantraaha

brahma-metu maam | madhu-metu maam | brahma-meva madhu-metu maam | yaaste
soma prajaavathso~bhiso aham | dushvapnahan durushshaha | yaaste soma praaNaag
staanjuhomi | trisuparNa-mayaachitam braahmaNaaya dadyaat | brahmahatyaam vaa
ete ghnanti | ye braahmaNaa-strisuparNam paThanti | te somam praapnuvanti |
aasahasraat panktim punanti | om ||

brahma medhayaa | madhu medhayaa | brahmameva madhu medhayaa | adyaa no
deva savitah prajaavathsaavee-ssoubhagam | paraa dushvapniyagm suva | vishvaani
deva savita-rduritaani paraasuva | yadbhadram tanma asuva | madhuvaataa rutaayate
madhuksharanti sindhavah | maadhveerna-ssantvoshadheeh | madhu naktamutoshasi
madhumatpaarthivagm rajah | madhudyourastu nah pitaa | madhumaanno vanaspati-
rmadhumaagm astu sooryah | maadhveergaavo bhavantu nah || ya imam trisuparNa-
mayaachitam braahmaNaaya dadyaat | bhrooNahatyaam vaa ete ghnanti | ye
braahmaNaa-strisuparNam paThanti | te somam praapnuvanti | aasahasraat panktim
punanti | om ||

brahma medhavaa | mahisho mrugaaNaam | shyeno grudhdraaNaag svadhiti-
rvanaanaagm somah pavitramatyeti rebhann | hagmsa-shshuchisha_dvasu-
rantarikshasa-ddhotaa vedisha-datithirduroNasat | nrusha-dvarasa-drutasa-dvyomasa-
dabjaa gojaa rutajaa adrijaa rutam bruhat | ruche tvaa ruche tvaa sami-thsravanti sarito
na dhenaah | antarhrudaa manasaa pooyamaanaah | ghrutasya dhaaraa
abhichaakasheemi | hiraNyayo vetaso madhya aasaam | tasminthsuparNo madhukrut
kulaayee bhaja-nnaaste madhu-devataabhyah | tasyaasate haraya-ssaptateere
svadhaam duhaanaa amrutasya dhaaraam | ya idam trisuparNa-mayaachitam
braahmaNaaya dadyaat | veerhatyaam vaa ete ghnanti | ye braahmaNaa-
strisuparNam paThanti | te somam praapnuvanti | aasahasraat pankatim punanti | om ||

medhaa sooktam

medhaadevee jushamaaNaa na aagaa-dvishvaachee bhadraa sumanasyamaanaa |
tvayaa jushTaa nudamaanaa duruktaan bruhadvadema vidathe suveeraah | tvayaa
jushTa rushi-rbhavati devi tvayaa brahmaa~~gatashree-ruta tvayaa | tvayaa jushTa-
shchitram vimdate vasu saano jushasva draviNo na medhe ||

medhaam ma indro dadaatu medhaam devee sarasvatee | medhaam me
ashvinaavubhaa-vaadhataam pushkarasrajaa | apsaraasu cha yaa medhaa
gamdharveshu cha yanmanah | daiveem medhaa sarasvatee saa maam medhaa
surabhi-rjushataag svaahaa ||

aamaam medhaa surabhi-rvishvaroopa hiraNyavarNaa jagatee jagamyaa |
oorjasvatee payasaa pinvamaanaa saa maam medhaa suprateekaa jushantaam ||

mayi medhaam mayi prajaam mayyagnistejo dadhaatu mayi medhaam mayi prajaam
mayeendra indriyam dadhaatu mayi medhaam mayi prajaam mayi sooryo bhraajo
dadhaatu ||

mrutyunivaaraNa mantraaha

apaitu mrutyu-ramrutam na aaganvaivasvato no abhayam kruNotu | parNam
vanaspate-rivaabhina-shsheeyataagm rayi-ssachataa-nna-shshacheepatih ||

param mrutyo anuparehi panthaam yaste sva itaro devayaanaat | chakshushmate
shruNvate te braveemi maa nah prajaagm reerisho mota veeraan ||

vaatam praaNam manasaa~nvaarabhaamahe prajaapatim yo bhuvanasya gopaah | sa
no mrutyosraayataam paatvagmhaso jyogjeevaa jaraa-masheemahi ||

amutra bhooyaa-dadha yadyamasya bruhaspate abhishasteramumchah |
pratyohataamashvinaa mrutyu-masmaa-ddevaanaa-magne bhishajaa shacheebhih ||

harigm haramta-manuyanti devaa vishvasyeshaanam vrushabham mateenaam |
brahma saroopa-manumeda-maagaa-dayanam maa vivadhee-rvikramasva ||

shalkairagni-mimdhaana ubhou lokou sanemaham | ubhayorlokayor rudhvaa~ti
mrutyum taraamyaham ||

maa Chido mrutyo maa vadheermaa me balam vivruho maa pramosheeh | prajaam
maa me reerisha aayu-rugra nruchakshasam tvaa havishaa vidhema ||

maa no mahaantamuta maa no arbhakam maa na ukshamtamuta maa na ukshitam |
maa no vadheeh pitaram mota maataram priyaa maa nastanuvo rudra reerishah ||

maa nastoke tanaye maa na aayushi maa no goshu maa no ashveshu reerishah |
veeraanmaa no rudra bhaamito vadheer-havishmamto namasaa vidhema te ||

prajaapatipraarthanaa mantraha

prajaapate na tvadetaanyanyo vishvaa jaataani paritaa babhoova | yatkaamaaste
juhumastanno astu vayagg syaama patayo rayeeNaam ||

indrapraarthanaa mantraha

svastidaa vishaspati-rvrutrahaa vimrudho vashee | vrushendrah pura etu nassvastidaa
abhayamkarah ||

mrutyunjaya mantraaha

tryambakam yajaamahe sugandhim pushTivardhanam | urvaarukamiva
bandhanaanmrutyormuksheeya maa~mrutaat ||

ye te sahasra-mayutam paashaa mrutyo martyaaya hantave | taan yagyasya maayayaa
sarvaa-navayajaamahe || mrutyave svaahaa mrutyave svaahaa ||

paapanivaarakaa mantraaha

devakrutasyainaso~vayajana-masi svaahaa | manushya-krutasyainaso~vayajana-masi
svaahaa | pitrukrutasyainaso~vayajana-masi svaahaa | aatmakrutasyainaso~vayajana-
masi svaahaa | anyakrutasyainaso~vayajana-masi svaahaa |
asmatkrutasyainaso~vayajana-masi svaahaa | yathsvapantashcha
jaagratashchainashchakrumsa tasyaavayajana-masi svaahaa | yathsushuptashcha
jaagratashchainashchakrumsa tasyaavayajana-masi svaahaa | yadvidvaagmsa-
shchaavidvaagmsa-shchainashchakrumsa tasyaavayajana-masi svaahaa | enasa
enaso~vayajana-masi svaahaa ||

vasupraarthanaa mantraha

yadvo devaashchakrumsa jihvayaa gurumanaso vaa prayutee deva heDanam | araavaa
yo no abhiducChunaayate tasmintadeno vasavo nidhetana svaahaa ||

kaamo~kaarsheeta-manyukaarsheeta mantraha

kaamo~kaarsheennamo namah | kaamo~kaarsheetkaamah karoti naaham karomi
kaamah kartaa naaham kartaa kaamah kaarayitaa naaham kaarayitaa esha te kaama
kaamaaya svaahaa |

manyu-rakaarsheennamo namah | manyu-rakaarsheenmanyuh karoti naaham karomi
manyuh kartaa naaham kartaa manyuh kaarayitaa naaham kaarayitaa esha te manyo
manyave svaahaa ||

virajaahoma mantraaha

tilaanjuhomi sarasaagm sapishTaan gandhaara mama chitte ramamtu svaahaa | gaavo
hiraNyam dhana-mannapaanagm sarveshaag shriyai svaahaa | shriyam cha lakshmim
cha pushTim cha keertim chaanruNyataam | brahmaNyam bahuputrataam |
shraddhaamedhe prajaa-ssandadaatu svaahaa ||

tilaah krushNaah tilaa-shvetaah tilaah saumyaa vashaanugaah | tilaah punantu me
paapam yatkinchidduritam mayi svaahaa | chorasyaannam navashraaddham
brahmahaa gurutalpagah | gosteyagm suraapaanam bhrooNahatyaa tilaa shaantigm
shamayamtu svaahaa | shreeshcha lakshmeeshcha pushTeeshcha keertim

chaanruNyataam | brahmaNyam bahuputrataam | shraddhaamedhe pragyaatu
jaatavedah sandadaatu svaahaa ||

praaNaapaana-vyaanopaana-samaanaa me shudhyamtaam jyoti-raham virajaa
vipaapmaa bhooyaasagg svaahaa | vaangmana-shchakshushshrotra-jivhaaghrana-
reto-buddhyaakootih sankalpaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | tvakcharma-maagmsa-rudhira-mede-majjaa-snaayavo~stheeni
me shudhyamtaam jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa | shirahpaaNi-
paada-paarshva-prushThoroodara-jangha-shishnopastha-paayavo me shudhyamtaam
jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa | uttishTha purusha haritapingaLa
lohitaakshi dehi dehi dadaapayitaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa ||

pruthivyaapah tejo-vaayu-raakaashaa me shudhyamtaam jyoti-raham virajaa
vipaapmaa bhooyaasagg svaahaa | shabda-sparsha-roopa-rasa-gandhaa me
shudhyamtaam jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa |
mano_vakkaaya-karmaaNi me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | avyaktabhaavai-rahankaaraih jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | aatmaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | antaraatmaa me shudhyamtaam jyoti-raham virajaa vipaapmaa
bhooyaasagg svaahaa | paramaatmaa me shudhyamtaam jyoti-raham virajaa
vipaapmaa bhooyaasagg svaahaa | kshudhe svaahaa | kshutpipaasaaya svaahaa |
viviTTyai svaahaa | rugvidhaanaaya svaahaa | kashotkaaya svaahaa |
kshutpipaasaamalam jyeshThaam alakshmeeh naashayaamyaham | abhootim
asamruddhim cha sarvaan nirNuda me paapmaanagg svaahaa | annamaya-
praaNamaya-manomaya-vigyaanamayam aanandamayam aatmaa me shudhyamtaam
jyoti-raham virajaa vipaapmaa bhooyaasagg svaahaa ||

vaishvadeva mantraaha

agnaye svaahaa | vishvebhyo devebhyah svaahaa | dhruvaaya bhoomaaya svaahaa |
dhruvakshitaye svaahaa | achyutakshitaye svaahaa | agnaye svishTakrute svaahaa |
dharmaaya svaahaa | adharmaaya svaahaa | adbhyah svaahaa | oshdhivanaspatibhyah
svaahaa ||

rakshodevajanebhyah svaahaa | gruhyaabhyah svaahaa | avasaanebhyah svaahaa |
avasaanapatibhyah svaahaa | sarva-bhootebhyah svaahaa | kaamaaya svaahaa |
antarikshaaya svaahaa | yadejati jagati yachcha cheshTati naamno bhaago~yam
naamne svaahaa | pruthivyai svaahaa | antarikshaaya svaahaa |

dive svaahaa | sooryaaya svaahaa | chandramase svaahaa | nakshatrebhyah svaahaa |
indraaya svaahaa | bruhaspataye svaahaa | prajaapataye svaahaa | brahmaNe
svaahaa | svadhaa pitrubhyah svaahaa | namo rudraaya pashupataye svaahaa ||

devebhyah svaahaa | pitrubhyah svadhaa~stu | bhootebhyo namah | manushyebhyo
hantaa | prajaapataye svaahaa | parameshThine svaahaa | yathaa koopah

shatadhaarah sahasradhaaro akshitah | evaa me astu dhaanyagm
sahasradhaaramakshitam | dhanadhaanyai svaahaa | ye bhootaah pracharanti
divaanaktam balim icChanto vitudasya preshyaah | tebhyo balim pushTikaamo haraami
mayi pushTim pushTipatih dadhaatu svaahaa |

om tadbrahma | om tadvayuh | om tadaatmaa | om tathsatyam | om tathsarvam | om
tatpuro-rnamah | antashcharati bhooteshu guhaayaam vishva moortishu | tvam
yagyastvam vashaTkaarah tvamindrah tvagm rudrah tvam vishNuh tvam brahma tvam
prajaapatih | tvam tadaapa aapo jyotee raso~mrutam brahma bhoo-rbhuvah suvarom ||

praaNaahuti mantraaha

shraddhaayaam praaNe nivishTo~mrutam juhomi | shraddhaayaamapaane
nivishTo~mrutam juhomi | shraddhaayaam vyaane nivishTo~mrutam juhomi |
shraddhaayaamudaane nivishTo~mrutam juhomi | shraddhaayaagm samaane
nivishTo~mrutam juhomi | brahmaNi ma aatmaa~mrutatvaaya | amrutopastaraNamasi |
shraddhaayaam praaNe nivishTo~mrutam juhomi | shivo maa vishaapradaahaaya |
praaNaaya svaahaa ||

shraddhaayaamapaane nivishTo~mrutam juhomi | shivo maa vishaapradaahaaya |
apaanaaya svaahaa | shraddhaayaam vyaane nivishTo~mrutam juhomi | shivo maa
vishaapradaahaaya | vyaanaaya svaahaa | shraddhaayaam udaane nivishTo~mrutam
juhomi | shivo maa vishaapradaahaaya | udaanaaya svaahaa | shraddhaayaagm
samaane nivishTo~mrutam juhomi | shivo maa vishaapradaahaaya | samaanaaya
svaahaa | brahmaNi ma aatmaa~mrutatvaaya | amrutaapidhaanamasi ||

bhuktaannabhimantraNa mantraaha

shraddhaayaam praaNe nivishyaamrutagm hutam | praaNamannenaapyaayasva |
shraddhaayaamapaane nivishyaamrutagm hutam | apaanam annenaapyaayasva |
shraddhaayaam vyaane nivishyaamrutagm hutam | vyaanam annenaapyaayasva |
shraddhaayaam udaane nivishyaamrutagm hutam | udaanam annenaapyaayasva |
shraddhaayaagm samaane nivishyaamrutagm hutam | samaanam annenaapyaayasva
||

bhojanaante aatmaanusanandhaana mantraah

angushThamaatraah purusho~ngushTham cha samaashritah | eeshah sarvasya jagatah
prabhuh preeNaati vishvabhuk ||

avayavasvasthataa praarthanaa mantrah

vaangma aasan | nasoh praaNah | akshyoh chakshuh | karNayoshshrotram | baahuvoh
balam | ooruvoh ojah | arishTaa vishvaanyangaani tanooh | tanuvaa me saha namaste
astu maa maa higmseeh ||

indrasaptarshi samvaada mantraha

vayah suparNaa upasedu-rindram priyamedhaa rushayo naadhamaanaah |
apadhvaantamoorNuhi poordhi chakshuh mumugdhyasmaannidhaye~va baddhaan ||

hrudayaalambhana mantraha

praaNaanaam granthirasi rudro maa vishaantakah | tenaannenaapyaayasva ||

devataapraaNaniroopaNa mantraha

namo rudraaya vishNave mrutyurme paahi ||

agnistuti mantraha

tvamagne dyubhih tvam aashushukshaNih tvam adbhyah tvam ashmanaspari | tvam
vanebhyah tvam oshadheebhyah tvam nruNaam nrupate jaayase shuchih ||

abheeshTayaachanaa mantraha

shivena me santishThasva syonena me santishThasva subhootena me santishThasva
brahmavarchasena me santishThasva yagyasyardhi-manu santishThasvopa te yagya
nama upa te nama upa te namah ||

paratattva niroopaNam

satyam param paragm satyagm satyena na suvargaa-llokaacchyavante kadaachana
sataagm hi satyam tasmaat satye ramante tapa iti tapo naanashanaatparam yaddhi
param tapa-staddurdharsham tadduraagharsham tasmaa-ttapasi ramante dama iti
niyatam brahmachaariNa-stasmaa-ddame ramante shama ityaraNye munaya-
stasmaacChame ramante

daana-miti sarvaaNi bhootaani prashagmsanti danna-nnaati dushcharam tasmaa-
ddane ramante dharma iti dharmeNa sarva-midam parigruheetam
dharmaannaatidushkaram tasmaa-ddharme ramante

prajana iti bhooyaagmsa-stasmaadbhooyishThaah prajaayante tasmaadbhooyishThaah
prajanane ramante~gnaya ityaaha tasmaa-dagnaya aadhaatavyaa

agnihotra-mityaaha tasmaa-dagnihotre ramante yagya iti yagyo hi devaa-
stasmaadyagye ramante maanasa-miti vidvaagmsa-stasmaa-dvidvaagmsa eva
maanase ramante

nyaasa iti brahmaa brahmaa hi parah paro hi brahmaa taani vaa etaanyavaraaNi
paraagmsi nyaasa evaatyarechayadya evam vede-tyupanishat ||

gyaanasaadhana niroopaNam

praajaapatyo haaruNi-ssuparNeyah prajaapatim pitara-mupasasaara kim bhagavamtah
paramam vadamteeti tasmai provaacha

satyena vaayu-raavaati satyenaadityo rochate divi satyam vaachah pratishThaa satye
sarvam pratishThitam tasmaat satyam paramam vadanti tapasaa

devaa devataa-magra aayan tapasarshayassuvaranvavindan tapasaa sapatnaan
praNudaamaaraatee-stapasi sarvam pratishThitam tasmaattapah paramam vadanti
damena daantaah kilbisha-mavadhoonvanti damena brahmachaariNa-ssuvaragacChan
damo bhootaanaam duraadharsham dame sarvam pratishThitam tasmaaddamah
paramam vadanti shamena shaantaa-shshiva-maacharanti shamena naakam
munayo~nvavimdanChamo bhootaanaam duraadharshanChame sarvam pratishThitam
tasmaacChamah paramam vadanti

daanam yagyaanaam varootham dakshiNaa loka daataaragm
sarvabhootaanyupajeevanti daanenaaraatee-rapaanudanta daanena dvishanto mitraa
bhavanti daane sarvam pratishThitam tasmaa-ddaanam paramam vadanti

dharmo vishvasya jagatah pratishThaa loka dharmishTham prajaa upasarpanti
dharmeNa paapaa-mapanudati dharme sarvam pratishThitam tasmaa-ddharmam
paramam vadanti

prajananam vai pratishThaa loka saadhuprajaayaa-stamtum tanvaanah pitruNaa-
manruNo bhavati tadeva tasyaa anruNam tasmaat prajananam paramam
vadamtyagnayo vai trayee vidyaa

devayaanah panthaa gaarhapatya rukpruthivee rathantara-manvaahaaryapachanam
yaju-rantariksham vaamadevya-maahavaneeyassaama suvargo loka bruhattasmaa-
dagneen paramam vadamtyagnihotragm saayam praatargruhaaNaam nishkruti-
ssvishTagm suhutam yagyakratoonaam praayaNagm suvargasya lokasya jyoti-
stasmaa-dagnihotram paramam vadanti

yagya iti yagyena hi devaa divam gataa yagyenaasuraa-napaanudanta yagyena
dvishanto mitraa bhavanti yagye sarvam pratishThitam tasmaadyagyam paramam
vadanati maanasam vai praajaapatyam pavitram maanasena manasaa saadhu
pashyati maanasaa rushayah prajaa asrujanta maanase sarvam pratishThitam
tasmaanmaanasam paramam vadanti

nyaasa ityaahurmaneeshiNo brahmaaNam brahmaa vishva katama-ssvayambhu
prajaapati-ssamvathsara iti samvathsaro~saavaadityo ya esha aaditye purusha-ssa
parameshThee brahmaatmaa

yaabhiraaditya-stapati rashmibhistaabhih parjanyo varshati parjanyenoushadhi-
vanaspatayah prajaayanta oshadhivanaspatibhi-rannam bhavatyennena praaNaah

praaNai-rbalam balena tapa-stapasaa shraddhaa shraddhayaa medhaa medhayaa
maneeshaa maneeshayaa mano manasaa shaanti-shshaantya chittam chittena
smrutigg smrutya smaaragg smaareNa vigyaanam vigyaanenaatmaanam vedayati
tasmaa-dannam dadanth sarvaaNyetaani dadaatyannaat praaNaa bhavanti

bhootaanaam praaNai-rmano manasashcha vigyaanam vigyaanaa-daanando
brahmayoni-ssa vaa esha purushah panchadhaa panchaatmaa yena sarva-midam
protam pruthivee chaantariksham cha dyoushcha dishashchaavaantaradishaashcha sa
vai sarva-midam jagathsa sabhootagm sa bhavyam jigyaasaklrupta rutajaa-rayishThaa

shraddhaa satyo mahasvaan tapaso parishThaad gyatvaa tamevam manasaa hrudaa
cha bhooyo na mrutyu-mupayaahi vidvaan tasmaan nyaasa-meshaam tapasaa-
matiriktamaahu-rvasuraNvo vibhoorasi praaNe tvamasi sandhaataa

brahman tvamasi vishvadruttejodaa-stvamasyagni-rasi varchodaa-stvamasi sooryasya
dyumnodaa-stvamasi chandramasa upayaamagruheeto~si brahmaNe tvaa

mahasa omityaatmaanam yunjeetaitadvai mahopanishadam devaanaam guhyam ya
evam veda brahmaNo mahimaana-maapnoti tasmaadbrahmaNo mahimaana-
mityupanishat ||

gyaanayagyaha

tasyaivam vidusho yagyasyaatmaa yajamaana-shshraddhaapatnee shareera-
midhmamuro vedi-rlomaani barhi-rveda-shshikhaa hrudayam yoopah kaama aajyam
manyuh pashu-stapo~gni-rdama-shshamayitaa dakshiNaa-vaagdhotaa praaNa
udgaataa

chakshuradhvaryu-rmano brahmaa shrotramagnee-dyaavaddhriyate saa deekshaa
yadashnaati taddhavi-ryatpibati tadasya somapaanam yadramate tadupasado
yathsamcha-ratyupavishatyuttishThate cha sapravargyo yanmukham tadaahavaneeyo
yaa vyaahruti-raahuti-ryadasya

vigyaanam tajjuhoti yathsaayam praataratti tathsamidham yatpraatarmadhyandinagm
saayam cha taani savanaani ye ahoraatre te darshapoorNamaasou
yardhamaasaashcha maasaashcha te chaaturmaasyaani ya rutavaste pashubandhaa
ye samvathsaraashcha parivathsaraashcha te~harganaassarvavedasam vaa

etathsatram yanmaraNam tadavabhrutha etadvai jaraamaryamagnihotragm satram ya
evam vidvaa-nudagayane prameeyate devaanaameva mahimaanam gatvaa~~dityasya
saayujyam

gacChatyatha yo dakshiNe prameeyate pitruNaa-meva mahimaanam gatvaa
chandramasassaayujyagm salokataa-maapnotyetou vai sooryaachandramaso-
rmahimaanou brahmaNo vidvaa-nabhijayati tasmaadbrahmaNo mahimaana maapnoti
tasmaadbrahmaNo mahimaanam ||

om saha naavavatu | saha nou bhunaktu | saha veeryam karavaavahai |
tejasvinaavadheetamastu maa vidvishaavahai |

om shaantih shaantih shaantihi ||